

**NSA: TOURNAMENT TEAMS / INTERNATIONAL TRAVEL**

JOIN THE ALL DAY FUN EVENT

# Let the kids play!

**MARCH 21, 2024 THURSDAY**

WAIMEA PARK, 65-1263 LINDSEY RD.

WAIMEA, HI. 96743

BOYS AND GIRLS U9 TO U13

(PLAYERS BORN BETWEEN 2011 TO 2015)



**WHOLE TEAMS OR INDIVIDUAL  
PLAYERS SMALL SIDED 7 V 7**

Register as a Team ...or Individual  
Limited to 24 teams, 1st come, 1st served.

Early Registration (Before March 1): \$50 per  
player / \$350 (Teams of 7)

After March 1: \$60 per player / \$400 (Teams of 7)  
Player passes not required, just your honesty.

If you have 12 players or more, enter 2 teams;  
\*will be matched with other players  
Registration begins at 8:30 a.m.  
Snacks available

All Players must complete an individual medical  
release form prior to playing games.

**Apply Now**  
at [www.nationalsocceracademy.com](http://www.nationalsocceracademy.com)

**Contact**  
Kim Evans (808) 960-2097.

# What is NSA 7v7?

## NSA: TOURNAMENT TEAMS / INTERNATIONAL TRAVEL

Teams are comprised of 7 on-field players including the goal-keeper. The size of fields is approx. 60 x 40 yds. Goals are 18x6 ft. 7-a-side is a very fast-paced game emphasizing personal skill, scoring, teamwork, quick reaction, conditioning, and other aspects of skill development for young players. 7 v 7 format is played all over the world; in Sweden, all tournaments until the age of 12 are 7 v 7.

### ARE THE 7V7 RULES DIFFERENT?

Gothia Cup rules apply. The differences enhance play with no offsides, no four-step rule, the ball may be played back to goalkeeper, and unlimited substitution on the fly with referee's acknowledgement. Co-ed teams allowed

### FORMAT

Teams are grouped into classes. Each team will play at least three 25 minute games. Points awarded for wins (3) and ties (1). Teams with the most points in the class advance to the finals.

### AWARDS

The NSA TRAINING shirts (worth \$20.00 each) awarded to

every player who makes it to the final.

### TEAM FORMATION

All players, regardless of affiliation, may participate. There are no restrictions, except for age, in the formation of NSA 7v7 Tournament teams. Players may play on more than one team if they are in different classes and the players are of the proper age. Teams may be grouped in two-year groupings. Dispensations may be granted for older children to play with younger teams depending on their skill level and physical size.

### INSURANCE

Players must have primary health and accident insurance.

### REFEREE'S DECISIONS ARE FINAL.

No appeals or protests will be entertained.

### WHAT PEOPLE SAY TO NSA

"I wanted to let you know how much these teams have enjoyed our tournaments and the relaxed atmosphere of the seven-a-side game. The fast-paced nature of small-sided games, combined with smaller fields and smaller

size goals, creates a dynamic atmosphere for young players to have many touches on the ball and constantly put themselves in goal scoring and goal defending situations."

"I will see you at future NSA events and I highly recommend 7 v 7 tournaments to other youth teams." Cliff, River City, WA

"In the past, I have heard so many good things about your program, but never had the time to try it. Today, I brought the bulk of my U-10 teams to play in the 7 v 7 Tournament in Benicia. We had a great time and I believe my kids finally understood how the game is supposed to be played. It was exciting and great fun. Thank you for the opportunity." Mark, Lamorinda Wildfire, CA

"Dear Fred, I loved to play soccer with people of different genders, ages and from different places. What I best liked was that there were less rules, but the best of everything was that there was no offsides."

*Sincerely,  
Zaida, Surf SC, CA*